

Milton High School Athletics Student Health Attestation

Our MHS Athletics' "team" partnership is essential to keeping you, our staff and all community members as healthy and safe as possible. We all have a role to play. Your commitment to this agreement is critical for a safe and successful athletic season. We require that you read and sign this health attestation form prior to the start of your MHS athletic season. Note that after signing this agreement as an initial condition of registration for your season, you will then need to follow through with a daily health attestation as a requirement of continued participation in your MHS sport.

I agree to the following:

I am aware of these symptoms of COVID-19:

- Fever or chills
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Cough
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Shortness of breath or difficulty breathing

On a daily basis, prior to attending practices or games, I will check my temperature. If my temperature is 100° F or 37.8° C, or above, or if I'm experiencing any of the above-listed symptoms, I will not attend a practice or game. I will notify my coach and MHS Head Athletic Trainer of my absence and I will contact my healthcare provider. I will follow all appropriate medical instructions and guidelines before returning to in-person participation.

I will follow the Massachusetts Travel order as issued by Governor Baker. Travel outside of MA with the exception of the travel approved state(s) and territories (HI, Puerto Rico, ND) requires a 14 day quarantine or proof of a negative COVID-19 test. Visit www.ma.gov/covid-19/travel for more details and updated state lists.

Parent/Guardian Signature

Date

Parent/Guardian Name

Student Name

Sport